

Memory Walk by the Malta Dementia Society

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Memory Walk by the Malta Dementia Society on 23rd September 2005

Every year, people from all around the world take part in activities to mark World Alzheimer's Day and show their global solidarity. World Alzheimer's Day is coordinated by Alzheimer's Disease International to encourage recognition of dementia, raise awareness and challenge stigma that surrounds the disease. Such an event also engages policy makers about the need to allocate funds for services, research and training.

Alzheimer's Disease is the most common form of dementia, a progressive degenerative brain disorder which affects memory, thinking, behaviour and emotion. Dementia knows no cultural or geographic boundaries and affects people worldwide. Age is the greatest risk factor; and about 1 in 5 of those over the age of 80 will develop dementia. Life expectancy is increasing worldwide and over the next 15 years the numbers of people with dementia will double.

The Malta Dementia Society invites the general public to join and show support at a Memory Walk that will be organized at Freedom Square, Valletta on the 23rd September 2005 starting at 5:00 pm. We encourage all those who are affected by dementia in some way, no matter how small, to come forwards and to speak about their experiences of dementia. By uniting on World Alzheimer's Day as a global community, we can show that there is much we can do together to improve the quality of life of people with dementia and their families.

For further details about this event you may visit the website of the Malta Dementia Society at www.maltadementiasociety.org.mt or you may contact the society by writing to the Secretary Malta Dementia Society, Room 135, Department of Pharmacy, University of Malta, Msida or e-mail to info@maltadementiasociety.org.mt

Mixja għall-memorja mill-Malta Dementia Society

Data tal-ħrug: 12/09/05

Mixja għall-memorja mill-Malta Dementia Society fit-23 ta' Settembru 2005

Ta kull sena, nies minn madwar id-dinja kollha jieħdu sehem f'attivitajiet fl-okkażżjoni tal-Jum Dinji ta' l-Alzheimer's u juru solidarjeta mal-kumpliment tad-dinja. Il-Jum Dinji tal-Alzheimer's huwa mmexxi mill-Alzheimer's Disease International li tisħhoq biex tiġi iktar rikonoxxuta d-dimenzja, jizdied l-għarfien dwarha u tiġi sfidata kull stigma li ġġib magħha din il-marda.

L-Alzheimer's hija l-aktar forma komuni ta' dimenzja, marda progressiva tal-moħħ li twassal għal nuqqas ta' memorja, ta' ħsieb, u bidla fl-għaġir u fl-emozzjonijiet. Id-Dimenzja tista' tolqot lil nies mad-dinja kollha u mingħajr ebda differenza bejn il-pajjizi. L-eta' hija l-aktar fattur ta' riskju; madwar wieħed minn kull ħamsa ta' dawk 'l fuq minn 80 sena jizvillupaw dimenzja. Minħabba li sirna ngħixu iktar, in-numru ta' nies bid-dimenzja fil-ħmistax il-sena li ġejjin huwa mistenni li jirdoppja.

Il-Malta Dementia Society tistieden lill-pubbliku biex jingħaqad magħha u juri appoġġ fil-Mixja għall-memorja li ser tkun organizzata f'Misraħ il-Helsien, il-Belt Valletta, nhar il-Ġimgħa 23 ta' Settembru 2005 fil-5:00 ta' wara nofs in-nhar. Nixtiequ ninkoraġġixxu lil dawk kollha li b'xi mod huma milquta mid-dimenzja, anki jekk il-ftit, biex jersqu l-quddiem u jittkellmu fuq l-esperjenzi tagħhom. Billi ningħaqdu f'dan il-Jum Dinji ta' l-Alzheimer's bħal dinja waħda, aħna nistgħu nuru li hemm ħafna x'nistgħu nagħmlu biex intejjbu l-qwalita' tal-ħajja ta' nies bid-dimenzja u tal-familji tagħhom.

Għal aktar informazzjoni dwar din l-attivitá, tistgħu żżuru s-sit internet fuq www.maltadementiasociety.org.mt jew tistgħu tagħmlu tiktbu lis-Segretarju tal-Malta Dementia Society, Room 135, Dipartiment tal-Farmacija, Università ta' Malta, Msida jew tibgħatu email fuq info@maltadementiasociety.org.mt